

A portrait of Sonia Jackson Myles, a woman with long, straight brown hair, smiling warmly at the camera. She is wearing a bright pink velvet blazer over a white top. Her hands are clasped in front of her, and she is wearing a large, ornate ring on her left hand. The background is a solid, muted blue.

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**Sonia Jackson Myles is  
DESIGNING HER DESTINY™  
& helping others do the same**

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# FROM EXECUTIVE TO ENTREPRENEUR

Sonia Jackson Myles has had a fascinating journey that took her from managing over \$20 billion during her Corporate career with powerhouse global companies such as Ford Motor Company, The Gillette Company and Procter & Gamble, to now setting her sights on building Billion Dollar Brands for her personal business.

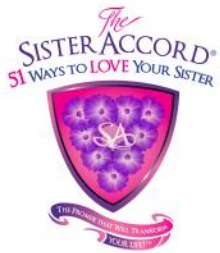


## “Providing Integrated Solutions With Tangible Results.”

—The Accord Group LLC

Her unbridled passion and sense of urgency to serve others has launched **The Accord Group LLC**. The mantra for The Accord Group LLC is “Providing Integrated Solutions With Tangible Results.” Sonia Jackson Myles is a person of action and delivers consistently for her clients. Sonia has big dreams for herself and big dreams for her clients. Her passion is contagious and she often gives them the spark to help them believe in the infinite possibilities for their lives and businesses, in ways they never thought was possible.





**Forbes**



# SONIA JACKSON MYLES' BIOGRAPHY (CONDENSED)

## **Sonia Jackson Myles, Founder, The Sister Accord LLC & Author, "The Sister Accord: 51 Ways To LOVE Your Sister"**

Sonia Jackson Myles, Founder, The Sister Accord® LLC & Author, "The Sister Accord: 51 Ways To LOVE Your Sister & 51 Ways To LOVE Your Children" Sonia is married and is the mother of two sons, Kendall, age 25 and Jordan, age 24. She is a native of Saginaw, MI. Sonia graduated summa cum laude & #1 in her class from Florida A&M University (FAMU) with a BS in Business Administration (1989) and an MBA in Marketing (1990). Before launching her Sister Accord business full-time, Sonia was an executive in Corporate America with over 20 years of experience, managing over \$20 Billion in spend. She has worked for Ford Motor Company, The Gillette Company and The Procter & Gamble Company. Her last corporate role was as P&G's Director, Global Packaging Purchasing, managing \$6 Billion in spend.

Sonia was named one of Essence Magazine's "Women of Power" in 2008, Bloomberg Report's "History Makers" in 2009, Trumpet Award Foundation's "Women in High Heels" in 2010. Sonia was inducted into FAMU's School of Business and Industry's Hall of Fame in 2011, and was named one of Black Enterprise Magazine's Top Executives in Marketing & Advertising. In 2012, Sonia was named one of FAMU's 125 Outstanding Alumni, in celebration of the University's 125th Anniversary, and was awarded The Gillette Legacy Award. Sonia was nominated for a 2013 NAACP Image Award, in the Debut Author category, for her book, The Sister Accord: 51 Ways To LOVE Your Sister and was honored with an Exemplary Achievement Award from The State of Ohio Senate (the highest honor The Senate Of The General Assembly of Ohio gives with the exception of honors given to military persons who have passed away) for The Sister Accord. In 2014, Sonia received the YMCA Champion of Character Award.

In 2015, Sonia was named BCWN's Woman Of The Year. Sonia received The Torch of Wisdom Foundation's Community Enrichment Award in 2016. She made "HerStory" in the City of Cincinnati in 2016, as her Sister A.C.C.O.R.D. Leadership Development Program was integrated into the curriculum of The Cincinnati Public School (CPS) System. As co-founder of CPS' Girls 2 Women Program, she has seen powerful transformations of girls in the district, specifically in the areas of confidence, self-esteem and leadership development. Prior to this partnership, there had never been a leadership development program for girls in the district.

Sonia received the 2017 YWCA of Greater Cincinnati's Career Women of Achievement Award. In 2018, she received the following awards: the Women en Blanc Award for her Civic Achievements, the Superintendent of Cincinnati Public Schools' Laura Mitchell Shero Award and the Call Me Miss Ambassador Change Agent Award. Sonia's book, 51 Ways To LOVE Your Children, was released in July 2018. In December 2019, Sonia received The Legacy Award from The National Association For Female Executives, for her long-standing successful career of making advancing women a priority. She received The Status Of Women Award from Top Ladies Of Distinction, Inc. ~ Cincinnati Chapter in February 2020. In December 2020, Sonia launched The Sister Accord® Africa ~ The Winners Circle, to drive meeting her goal of having 1 billion girls and women learning how to love themselves and each other. Sister Accord Chapters will be established across the continent. In January 2021, Sonia was named as a Leader "Making Black History" by The Cincinnati USA Regional Chamber.

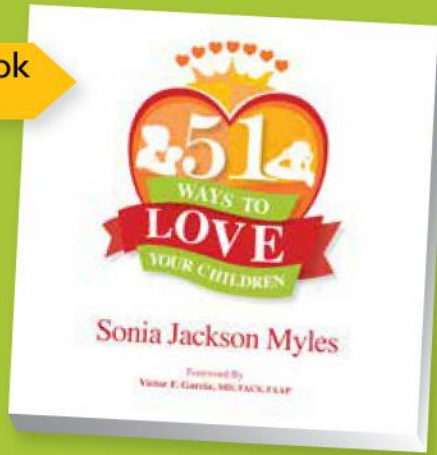
Sonia is the Founder, President & CEO of The Sister Accord® Foundation, which has 3 areas of focus: Educating girls and women, Enlightening girls and women of the Power of Sisterhood and Eradicating bullying and violence against girls and women. She is also the Founder & CEO of The Accord Group LLC, which is a leadership development, executive coaching, employee engagement, branding & diversity consultancy. She launched her Dreamwalking® Executive Coaching & Leadership Development Program in 2015 and now has hundreds of "Dreamwalkers" (Mentees) walking in purpose and Designing Their Destinies. Sonia currently serves as the Chair for FAMU's School of Business & Industry's Advisory Board. She is also a Board Member for The Impact Young Lives Foundation, which supports leadership development for youth in S. Africa. The Sister Accord® Africa launched a chapter in Zimbabwe on 8.28.21.

Sonia has numerous media appearances and mentions from local TV & radio networks across the country to national/international platforms such as Forbes, Disney, Fortune Magazine, CNN.com, New York Times, Essence Magazine, Black Enterprise Magazine, Today Show, Good Morning America, Bloomberg, Businessweek, The Huffington Post and Cannes Lions International Festival of Creativity.

Sonia is a member of the Phi Psi Omega Chapter of Alpha Kappa Alpha Sorority, Inc & Queen City (OH) The Links, Inc. Her mantra is "There is always a seat at the table for excellence—focus on being excellent."



Latest Book  
Release



When we think about the principles of **“51 Ways To LOVE Your Children”** in the context of how childhood trauma impacts the workforce and companies, it will drive discussions and strategies that have historically been absent from Corporate America. Research and statistics show that more employees are experiencing stress-related disorders, having to take leaves of absence and incurring high medical expenses due to unresolved trauma.

—Sonia Jackson Myles

## SIGNATURE PROGRAM OFFERINGS



### The Dreamwalking® Executive Coaching & Leadership Program

Dreamwalking® is a powerful program that helps participants move their DREAMS from their HEART, to their HEAD, to their HANDS and ultimately to their FEET, where they are walking in purpose and Designing Their Destiny™. The program includes the concept of #heartwork™ and the importance of “Leading With Love, Respect and Compassion.”

### Great Leaders Have Great Relationships™

The most powerful opportunity for corporate cultures and individuals to improve their performance is linked to one thing...the importance they place on relationships. During this fun and engaging leadership development experience, teams and or individuals have the opportunity to assess their current relationships and develop an action plan to move to the next level of excellence in their interactions.



### The Sister Accord® “The Power Of Sisterhood In Leadership™” Experience

With nearly 50% of the workforce now female, it is essential for any corporate entity or organization to begin ensuring that women are fostering healthy, productive relationships as early as possible in their career. Cultures that do not reinforce this mindset will experience significant turnover, and a negative impact on productivity and profitability. This offering shares insights and provides skills and tools for women to build positive relationships, both personally and professionally.



# TESTIMONIALS

**There are so many things to say** and I will start with THANKYOU! Thank you for showing us that we are empowered to be great positive role models in corporate America and that you do not have to be somebody else to succeed. I felt rejuvenated after going to your class "Great Leaders Have Great Relationships." Your class gave me life again and were answered prayers.

—Patricia A., Walt Disney Company

**Sonia's Dreamwalking Leadership Program** is one of a kind. Through this program, Sonia promotes introspection, personal honesty and vulnerability. Through every conversation, you gain great insights into your own thoughts and actions. She unravels these carefully to get to the root cause of issues - many times this is something that you cannot see clearly for yourself. Sonia has developed a set of simple tools and guide rails that keep her leaders on course, or if they have strayed, to bump them back on course quickly. This program has made me a better thinker, leader, husband and father....Sonia is amazing!

—Gregg M. General Manager

**Ms. Sonia, I wanted to thank you** for coming to our Disney Dreamers "slumber party." You told me so much stuff that changed my life. When I returned home, I started looking at the other girls as team members rather than competition. By working with the other girls, I have been able to make so many changes at my school. I would have never been this successful if it wasn't for you speaking to me that night. You have changed my life forever. Thank you so much Ms. Sonia!

—Regina, Disney Dreamer

**Sonia Jackson Myles' Dreamwalking Program** ushers you into the light of awareness of self, which brings about the clarity you need in order to succeed.

—Terry, Member En Vogue & Multi-Platinum, Award-Winning Global Artist

**Sonia is a dynamic speaker with a wealth of experience,** knowledge and expertise in the area of relationships both inside and outside of Corporate America. Her principles, models and exercises were thought-provoking and aligned with my organization's needs.

—Troy, Sr. Vice President, Conversion, Coca Cola Refreshments



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